

Oops, you've misplaced your crutches.

Hop on one leg for 30 seconds.

What's it like to be visually impaired?

Wear the visual impairment glasses for the remainder of the game.

If you need urgent medical care but it's not an emergency you should contact...

- a) 311 Help
- b) 999 Emergency
- c) 111 Service

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What are you doing if you are performing a "suture"?

- a) Tube down a throat.
- b) Surgery; clamping the intestines.
- c) Stitching a wound

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A bad case of the wobbles.

Your team must put you in the recovery position.

Check the diagram in the answer section.

Wear the vision impairment glasses. Have a colleague stand approximately 2 metres away and throw you the foam die. Do this 5 times, you need to catch 3 to pass.

What is a common role of a Nurse in the NHS?

- a) To perform surgeries
- b) To clean the hospital
- c) Health education and support to patients

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The NHS was founded in what year?

- a) 1948
- b) 1954
- c) 1962

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We got ourselves a bleeder!

Choose a team member to put on all the H&S gear within 30 seconds

Wear the face mask. Have a colleague wear the ear guards. Say this to them once; ***"Nurse, hold my sandwich and pass me the scalpel. I'm going in!"*** If they can repeat it accurately, well done! You've passed.

What is free to everyone in the UK under the NHS?

- a) Cosmetic Surgery
- b) Emergency medical treatment
- c) Gym Memberships

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What does the NHS stand for?

- a) National Health System
- b) National Health Service
- c) National Hospital Service

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You're getting on a bit, your hearing isn't what it used to be.

Wear the ear guards for the rest of the game

Life's all ups and downs.

Complete 10 squats in 30 seconds.

Which nutrient helps build and repair muscle?

- a) Fat
- b) Protein
- c) Carbohydrates

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Who founded the NHS?

- a) Queen Elizabeth II
- b) Florence Nightingale
- c) Aneurin Bevin

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Old Timer gets in a pickle?

Put on the oven gloves and try to get one pickle from the pickle jar. You've got 30 seconds!

The NHS is full of stars.

To celebrate, complete 15 star jumps in 30 seconds.

How many portions of fruit and vegetables should you eat each day?

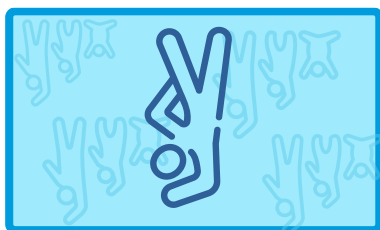
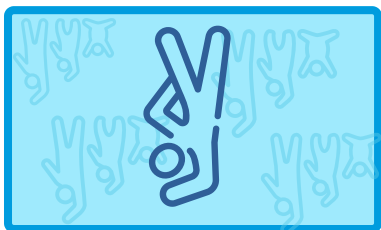
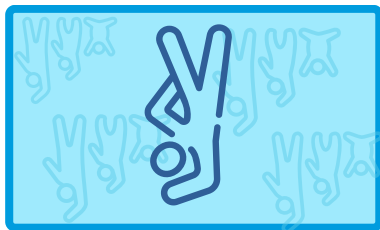
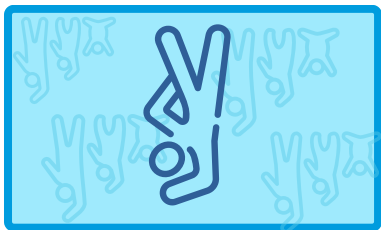
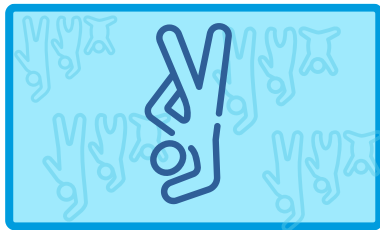
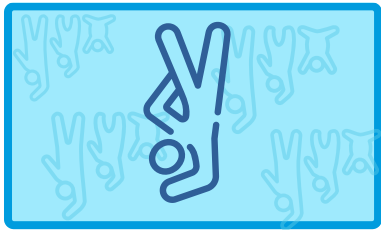
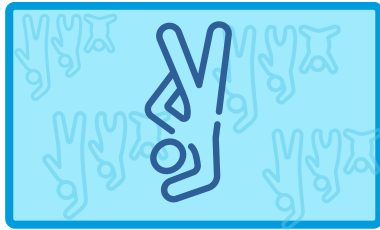
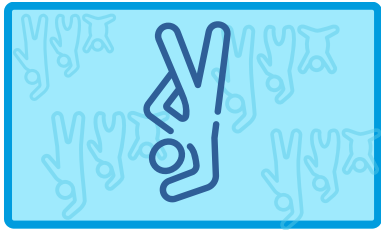
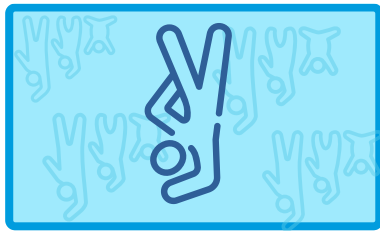
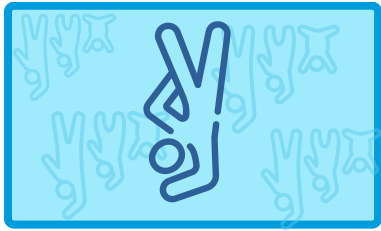
- a) 2
- b) 3
- c) 5

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How is the NHS mainly funded?

- a) By taxes collected from the public.
- b) Through Donations
- c) By private investors.

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Clue: Healthy Habit

Brushing your teeth

You've got 30 seconds.

Clue: Healthcare Careers

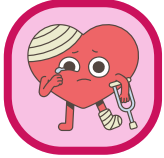
Doctor

You've got 30 seconds.

Clue: Healthcare Careers

Ambulance Driver

You've got 30 seconds.



Clue: Healthy Habit

Washing hands

You've got 30 seconds.

Clue: Healthcare Careers

Nurse

You've got 30 seconds.

Clue: Healthcare Careers

Chef/Cook

You've got 30 seconds.



Clue: Healthy Habit

Getting enough sleep

You've got 30 seconds.

Clue: Healthcare Careers

Physiotherapist

You've got 30 seconds.

Clue: Healthcare Careers

Gardener/Grounds Staff

You've got 30 seconds.



Clue: Healthy Habit

Drinking water

You've got 30 seconds.

Clue: Healthcare Careers

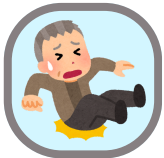
Dentist

You've got 30 seconds.

Clue: Healthy Foods

Apple

You've got 30 seconds.



Clue: Healthy Habit

Exercising

You've got 30 seconds.

Clue: Healthcare Careers

Electrician

You've got 30 seconds.

Clue: Healthy Foods

Broccoli

You've got 30 seconds.



What does a radiographer do?

- a) Assist with physiotherapy exercises.
- b) Interpret blood test results.
- c) Take and read images like X-rays and MRI scans.

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Music Therapist

You've got 30 seconds.

General Practitioner (GP)

You've got 30 seconds.

Podiatrist

You've got 30 seconds.

Who is primarily responsible for dispensing medications?

- a) Nurse
- b) Pharmacist
- c) Surgeon

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Prosthetist

You've got 30 seconds.

Neurologist

You've got 30 seconds.

Midwife

You've got 30 seconds.

What is the role of a clinical psychologist?

- a) Physical rehabilitation
- b) Provide medication for chronic pain.
- c) Managing mental health issues through therapy.

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Dental Nurse

You've got 30 seconds.

Paediatrician

You've got 30 seconds.

Security

You've got 30 seconds.

Who is responsible for analysing blood results?

- a) Occupational Therapist
- b) Biomedical Scientist
- c) Porter

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Porter

You've got 30 seconds.

Speech and Language Therapist

You've got 30 seconds.

Receptionist

You've got 30 seconds.

What does an occupational therapist do?

- a) Help patients regain skills for daily living.
- b) Provide nutritional advice
- c) Manage Hospital Finance

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Estates Manager

You've got 30 seconds.

Dietitian

You've got 30 seconds.

Pharmacist

You've got 30 seconds.