

Lesson Plan

Pillars of Growth: Social Care

Overview

This is a 60-minute session where learners are introduced to the Social Care sector including potential careers and pathways. They complete activities exploring the needs of individuals with additional requirements, culminating in a main task where they plan a restaurant visit tailored to a specific resident, taking into account accessibility, wellbeing, and person-centred care considerations.

Learning Objectives:

Aim: To learn about careers in the social care sector.

Objectives:

- To understand what social care means.
- To name jobs involved in social care.
- To experience challenges that some people might face.
- To talk about the skills and qualities needed for a career in social care.

Success Criteria:

- All students will have worked in groups to consider needs of residents.
- Students will be able to plan according to residents' specific needs.
- Students will be able explain the importance of the social care sector and identify opportunities within Lancashire to move into careers in this sector.

Resources (provided):

1 x Softball
 6 x Oven mitts
 6 x Vision impairment glasses
 6 x Ear defenders
 6 x Mock restaurant menus
 6 x Envelopes

Resources (additional):

1 x Pack of plain white paper
 20 x Spare menu's/ 20 x spare envelopes

6 x Copies of each case study 6 x Briefing sheets 120 x Answer sheets for learners 1 x Staff resource folder containing <ul style="list-style-type: none"> • Lesson plan x 1 • Printout of PowerPoint slides x 1 	
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Organisation:

Facilitator will talk the class through the introduction slides, using the notes, following the prompts and putting learners into groups for activities. Facilitator will lead questioning to check learning when prompted. Once the tasks are complete, the facilitator will then go through the final slides on careers and pathways.

Time	Facilitator's Activity	Learners' Activity
5 mins	Session Intro Introduce topic, explain objectives and success criteria and describe the Social Care sector and why it is significant.	Session Intro Learners listen, ask relevant questions and take notes where needed.
5 mins	Catch the Ball Task Introduce the task and ask for two volunteers to complete activity. Facilitate conversation about people with additional needs.	Catch the Ball Task Volunteers to participate in activity. Learners reflect and discuss in groups, answer questions when prompted.
5 mins	What is Social Care? + Video Present slides about the social care industry and play video about the sector.	What is Social Care? + Video Learners listen, watch video, ask relevant questions and take notes where needed.
5 mins	Guess the Social Care Career Task Give learners a couple of minutes to think then show answers. Facilitate conversations about job roles.	Guess the Social Care Career Task Learners look at pictures and try to guess social care jobs. Learners listen, ask relevant questions and take notes where needed.
10 mins	Barriers Task Place learners into groups of 5. Display task instructions on board. Support groups as and when needed. Facilitate reflection.	Barriers Task Learners try to complete simple activities with added barriers. Learners to reflect on experience and answer questions when prompted.
20 mins	Main Task	Main Task

<p>5 mins</p>	<p>Introduce the task to learners. Hand out case studies, briefing and answer sheets. Support groups as and when needed. Facilitate presentations at the end and provide feedback to learners.</p> <p>Skills and Qualities Ask learners what skills and qualities people who work in social care need. Discuss as a class.</p>	<p>Working in groups, learners will plan a restaurant visit according to their resident's needs. Learners will present their ideas using the filled in answer sheets. Participate in discussions and answer when prompted.</p> <p>Skills and Qualities Learners guess skills and qualities needed in social care. Answer questions when prompted and take notes.</p>
<p>5 mins</p>	<p>Careers and Pathways Discuss relevant pathways within this sector. Question learners when prompted.</p>	<p>Careers and Pathways Look at the industry and potential for growth within Lancashire. Review education pyramid and discuss pathways.</p>